

September 2022 Menu

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	CHICKEN PARMO	MINCED PORK AND VEGETABLE PIE	SAUSAGE OR PORK STEAK IN GRAVY WITH YORKSHIRE PUDDING	BEEF LASAGNE WITH GARLIC BREAD	BAKED FISH
Main 2	BUTTER CHICKEN CURRY	CHICKEN KORMA	HOI SIN BEEF	KATSU CHICKEN CURRY	CHICKEN CHUNKS
Meet Free	BROCCOLI PASTA BAKE	SALMON AND BROCCOLI FISHCAKE	VEGETARIAN SAUSAGE	MACARONI CHEESE	VEGETARIAN NUGGETS
Light Bites	SAUSAGE PATTIE IN A BUN	CRISPY CHICKEN WRAP	HOT MEAT BAGUETTE	CHEESEBURGER	CHICKEN GOUJONS
Light Bites	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP
Side Dishes	SAUTE POTATOES OR BOILED RICE AND VEGETABLES	CRISPIES OR BOILED RICE AND VEGETABLES	MASHED OR ROAST POTATOES NOODLES, VEGETABLES	HERBY DICED POTATO OR RICE AND VEGETABLES	CHIPS, BAKED BEANS OR GARDEN PEAS
Hot Desserts	SYRUP SPONGE WITH CUSTARD	PEACH FLAPJACK	APPLE CRUMBLE WITH CUSTARD	RICE PUDDING WITH FRUIT	CHOCOLATE ORANGE WITH CUSTARD
Jacket Potato Bar	Jacket Potatoes available daily with a selection of hot and cold fillings				
Grab and Go	A Selection of freshly prepared Sandwiches. Baguettes, Rolls, Wraps, Cookies, Muffins, Fresh Fruit and Yoghurts				
	Selection of Fruit Juice, Milk, Flavoured Milk and Water				

September 2022 Menu

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	SWEET CHILLI CHICKEN	MINCED BEEF AND VEGETABLE PIE	SAUSAGE OR PORK STEAK IN GRAVY WITH YORKSHIRE PUDDING	SPAGHETTI BOLOGNAISE	BAKED FISH
Main 2	BUTTER CHICKEN CURRY	PORK TIKKA	CHILLI CON CARNE	KATSU CHICKEN CURRY	CHICKEN CHUNKS
Meet Free	CHEESE OMELETTE	STUFFED JACKET POTATOES	VEGETARIAN SAUSAGE	MACARONI CHEESE	VEGETARIAN NUGGETS
Light Bites	SAUSAGE ROLL	CRISPY CHICKEN WRAP	HOT MEAT BAGUETTE	CHEESEBURGER	CHICKEN GOUJONS
Light Bites	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP
Side Dishes	SAUTE POTATOES OR BOILED RICE AND VEGETABLES	CRISPIES OR BOILED RICE AND VEGETABLES	MASHED OR ROAST POTATOES BOILED RICE, VEGETABLES	HERBY DICED POTATO OR RICE AND VEGETABLES	CHIPS, SWEET CHILLI RICE, BAKED BEANS OR GARDEN PEAS
Hot Desserts	OATY APPLE CRUMBLE WITH CUSTARD	LEMON DRIZZLE CAKE WITH CUSTARD	CHOCOLATE STRUP SPONGE WITH CUSTARD	COCONUT AND CHERRY FLAPJACK WITH CUSTARD	JAM ROLY POLY WITH CUSTARD
Jacket Potato Bar	Jacket Potatoes available daily with a selection of hot and cold fillings				
Grab and Go	A Selection of freshly prepared Sandwiches. Baguettes, Rolls, Wraps, Cookies, Muffins, Fresh Fruit and Yoghurts				
	Selection of Fruit Juice, Milk, Flavoured Milk and Water				

September 2022 Menu

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	HUNTERS CHICKEN	CHICKEN AND DUMPLINGS	SAUSAGE OR CHICKEN IN GRAVY WITH YORKSHIRE PUDDING	BEEF LASAGNE WITH GARLIC BREAD	BAKED FISH
Main 2	BUTTER CHICKEN CURRY	BEEF BALTI	SWEET CHILLI CHICKEN	KATSU CHICKEN CURRY	CHICKEN CHUNKS
Meet Free	SWEET CHILLI NOODLES	STUFFED PEPPERS	VEGETARIAN SAUSAGE	MACARONI CHEESE	VEGETARIAN NUGGETS
Light Bites	HOTDOG IN A BUN	CRISPY CHICKEN WRAP	HOT MEAT BAGUETTE	CHEESEBURGER	CHICKEN GOUJONS
Light Bites	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP	PIZZA, MELT OR BBQ CHICKEN WRAP
Side Dishes	SAUTE POTATOES OR BOILED RICE AND VEGETABLES	CRISPIES OR BOILED RICE AND VEGETABLES	MASHED OR ROAST POTATOES NOODLES, VEGETABLES	HERBY DICED POTATO OR RICE AND VEGETABLES	CHIPS, BAKED BEANS OR GARDEN PEAS
Hot Desserts	PEACH AND MANDARIN SPONGE WITH CUSTARD	BAKEWELL TART WITH CUSTARD	CRUNCHY APPLE CRUMBLE WITH CUSTARD	GINGER SPONGE WITH CUSTARD	FRUIT FLAPJACK WITH CUSTARD
Jacket Potato Bar	Jacket Potatoes available daily with a selection of hot and cold fillings				
Grab and Go	A Selection of freshly prepared Sandwiches. Baguettes, Rolls, Wraps, Cookies, Muffins, Fresh Fruit and Yoghurts				
	Selection of Fruit Juice, Milk, Flavoured Milk and Water				