Castle View Enterprise Academy

MENU

WEEK 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	KATSU CHICKEN CURRY GLUTEN SOYA AND RICE OR HOT MEAT BAP GLUTEN	FLAVOURED CHICKEN BREAST OR PEPPERONI MELT WHEAT MILK	PORK SAUSAGE AND YORKSHIRE PUDDING GLUTEN SULPHITES EGG MILK OR PORK STEAK	CHICKEN BURGER WHEAT MILK OR SAUSAGE ROLL WHEAT SULPHATE	FISH CAKE OR SALMON FISH CAKE WHEAT FISH
Main 2	PEPPERONI PIZZA GLUTEN MILK	CHEESEBURGER GLUTEN EGG SOYA MILK MC SESAME	MINCE AND DUMPLINGS GLUTEN MC EGG SOYA MILK CELERY MUSTARD	CHINESE CHICKEN CURRY WHEAT MUSTARD AND RICE	CHICKEN GOUJONS WHEAT
Meat Free	MARGHERITA PIZZA GLUTEN MILK	CHEESE QUICHE GLUTEN EGG MILK	VEGETARIAN SAUSAGE WHEAT	QUORN CHICKEN BURGER WHEAT	QUORN NUGGETS WHEAT
Pasta Bar	MEATBALLS IN SAUCE GLUTEN EGG	TOMATO AND BASIL SAUCE	MASCARPONE SAUCE MILK	CHEESE SAUCE MILK	GRAVY GLUTEN MC EGG SOYA MILK CELERY MUSTARD CURRY SAUCE WHEAT MUSTARD
Light Bites	BBQ CHICKEN WRAP WHEAT BARLEY SOYA CELERY	CRISPY CHICKEN WRAP WHEAT SOYA	BBQ CHICKEN WRAP WHEAT BARLEY SOYA CELERY	BUTTER CHICKEN WRAP WHEAT MILK	CHICKEN CHUNKS WHEAT MILK MC SOYA
Side Dishes	SEASONED WEDGES AND VEGETABLES	SKIN ON FRIES AND VEGETABLES	MASHED MILK OR NEW POTATOES AND VEGETABLES	POTATO WAFFLES AND VEGETABLES	CHIPS, SWEET CHILLI RICE, BAKED BEANS OR GARDEN PEAS
Daily Desserts	FLAPJACK WHEAT MC BARLEY	ICED SPONGE WHEAT EGG MILK SOYA	ICED SHORTBREAD WHEAT	CHOCOLATE WHEAT EGG SOYA MILK OR TOFFEE MUFFIN WHEAT EGG MILK	CUSTARD MILK
Jacket Potato Bar	JACKET POTATOES AVAILABLE DAILY WITH A SELECTION OF HOT AND COLD FILLINGS				
Daily Grab and Go	A SELECTION OF FRESHLY PREPARED SANDWICHES BAGUETTES, WRAPS, FRUIT AND YOGHURTS SELECTION OF COLD DRINKS				
Soup	SOUP OF THE DAY SERVED WITH CRUSTY ROLL OR BREAD SANDWICH SERVED OCTOBER TO FEBRUARY				