Castle View Enterprise Academy

MENU

WEEK 2

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	CHINESE CHICKEN CURRY WHEAT MUSTARD AND RICE	PASTA BOLOGNAISE AND GARLIC BREAD WHEAT	ROAST BEEF OR SAUSAGE WITH YORKSHIRE PUDDING GLUTEN EGG MILK	CHICKEN BURGER WHEAT MILK OR SAUSAGE ROLL WHEAT SULPHITE	BAKED FISH GLUTEN FISH
Main 2	MINCE PIE WHEAT MILK MC EGG SOYA CELERY MUSTARD	CHEESEBURGER GLUTEN EGG SOYA MILK MC SESAME	MINCED BEEF AND YORKSHIRE PUDDING GLUTEN EGG MILK	LASAGNE MILK AND GARLIC BREAD WHEAT	CHICKEN GOUJONS WHEAT
Meat Free	MARGHERITA PIZZA WHEAT MILK	CHEESY PASTA BAKE MILK	QUORN CHICKEN	SPICY BEAN BURGER WHEAT	QUORN NUGGETS WHEAT
Pasta Bar	MEATBALLS IN SAUCE GLUTEN EGG	TOMATO AND BASIL SAUCE	MASCARPONE SAUCE MILK	CHEESE SAUCE MILK	GRAVY GLUTEN MC EGG SOYA MILK CELERY MUSTARD CURRY SAUCE WHEAT MUSTARD
Light Bites	BBQ CHICKEN WRAP WHEAT BARLEY SOYA CELERY	CRISPY CHICKEN WRAP WHEAT SOYA	CHEESE PIZZA OR MELT WHEAT MILK	BUTTER CHICKEN WRAP WHEAT MILK	CHICKEN CHUNKS WHEAT MILK MC SOYA
Side Dishes	SEASONED WEDGES AND VEGETABLES	SKIN ON FRIES AND VEGETABLES	MASHED MILK OR ROAST POTATOES AND VEGETABLES	POTATO WAFFLES AND VEGETABLES	CHIPS, SWEET CHILLI RICE, BAKED BEANS OR GARDEN PEAS
Daily Desserts	FLAPJACK WHEAT MC BARLEY	ICED SPONGE WHEAT EGG MILK SOYA	ICED SHORTBREAD WHEAT	CHOCOLATE WHEAT EGG SOYA MILK OR TOFFEE MUFFIN WHEAT EGG MILK	CUSTARD MILK
Jacket Potato Bar	JACKET POTATOES AVAILABLE DAILY WITH A SELECTION OF HOT AND COLD FILLINGS				
Daily Grab and Go	A SELECTION OF FRESHLY PREPARED SANDWICHES BAGUETTES, WRAPS, FRUIT AND YOGHURTS SELECTION OF COLD DRINKS				
Soup	SOUP OF THE DAY SERVED WITH CRUSTY ROLL OR BREAD SANDWICH SERVED OCTOBER TO FEBRUARY				