Immersive Cycling Studio

Schedule 26.01 - 1.02

MON 26.01	TUE 27.01	WED 28.01	THU 29.01	FRI 30.01	SAT 31.01	SUN 1.02
06:10 45m **Virtual Les Mills The Trip** Virtual Instructor	**06:30** 30m **Les Mills - Sprint** Serena Moloney	**06:05** 30m **Les Mills - Sprint** Liv Harman	**06:10** 45m **Les Mills - The Trip** Tracy Hubert	**06:30** 30m **Les Mills - Sprint** Isobel Moloney	**08:15** 50m **Les Mills - RPM** Dave Richardson	**08:15** 50m **Les Mills RPM** Dani Wadley
07:00 30m **Les Mills - Sprint** Liv Harman	**07:30** 45m **Virtual Les Mills The Trip** Virtual Instructor	**07:15** 45m **Les Mills The Trip** Liz Dale	**07:30** 30m **Virtual Les Mills Sprint** Virtual Instructor	**07:30** 45m **Virtual Les Mills The Trip** Virtual Instructor	**09:15** 45m **Les Mills The Trip** Zoe Blake	**09:20** 45m **Les Mills The Trip** Liz Dale
08:00 45m **Virtual Les Mills The Trip** Virtual Instructor	**09:15** 45m **Les Mills The Trip** Dave Richardson	**09:15** 55m **Les Mills - RPM** Dave Richardson	**09:15** 30m **Virtual Les Mills Sprint** Virtual Instructor	**09:15** 45m **Les Mills The Trip** Dave Richardson	**10:30** 45m **Les Mills - The Trip** Elinora Robilliard	**10:15** 45m **Virtual Les Mills The Trip** Virtual Instructor
09:15 45m **Les Mills The Trip** Claire Luvin	**12:30** 45m **Virtual Les Mills The Trip** Virtual Instructor	**12:15** 45m **Virtual Les Mills The Trip** Virtual Instructor	**10:00** 45m **Virtual Les Mills The Trip** Virtual Instructor	**12:15** 45m **Virtual Les Mills The Trip** Virtual Instructor	**11:30** 45m **Virtual Les Mills The Trip** Virtual Instructor	**11:15** 45m **Virtual Les Mills The Trip** Virtual Instructor
10:15 45m **Virtual Les Mills The Trip** Virtual Instructor	**14:00** 45m **Virtual Les Mills The Trip** Virtual Instructor	**14:00** 45m **Virtual Les Mills The Trip** Virtual Instructor	**12:15** 45m **Les Mills The Trip** Dave Richardson	**14:00** 45m **Virtual Les Mills The Trip** Virtual Instructor	**16:00** 45m **Virtual Les Mills The Trip** Virtual Instructor	**13:00** 45m **Virtual Les Mills The Trip** Virtual Instructor
12:15 30m **Virtual Les Mills Sprint** Virtual Instructor	**16:15** 30m **Virtual Les Mills Sprint** Virtual Instructor	**16:15** 30m **Virtual Les Mills Sprint** Virtual Instructor	**16:15** 45m **Virtual Les Mills The Trip** Virtual Instructor	**17:30** 30m **Les Mills Sprint** Dave Richardson		**14:15** 30m **Virtual Les Mills Sprint** Virtual Instructor
16:15 45m **Virtual Les Mills The Trip** Virtual Instructor	**18:00** 30m **Les Mills Sprint** Dave Richardson	**17:15** 45m **Virtual Les Mills The Trip** Virtual Instructor	**17:45** 45m **Les Mills The Trip** Zoe Blake	**18:15** 45m **Virtual Les Mills The Trip** Virtual Instructor		
18:00 50m **Les Mills RPM** Dave Richardson	**18:45** 45m **Les Mills The Trip** Dani Wadley	**18:15** 30m **Les Mills Sprint** Kira Totty				

18:55 45m
Virtual Les Mills The Trip
Virtual Instructor

20:00 45m
Virtual Les Mills The Trip
Virtual Instructor

19:05 45m
Virtual Les Mills The Trip
Virtual Instructor